





















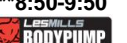



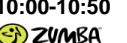


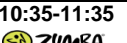

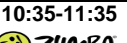

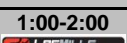
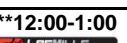
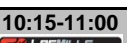
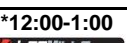
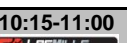
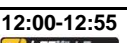
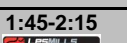
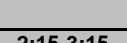


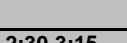

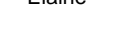
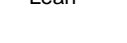
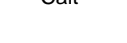

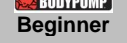

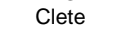

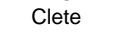

















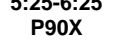



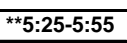
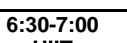
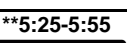

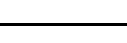
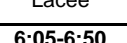
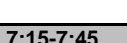
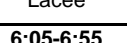

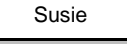


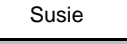



BRIDGER STUDIO: LIVE CLASSES/ LES MILLS VIRTUAL CLASSES (3/1/20)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15-8:00  SN'BAM	5:45-6:15  CXWORX	**5:30-6:30  BODYPUMP Byrdeen	6:00-6:30  CXWORX Elaine	**5:30-6:30  BODYPUMP Stacy	6:00-6:45  BODYATTACK EXPRESS Rainey	7:15-8:10 P90X Toby
**8:20-9:20  BODYPUMP Stacy	6:30-7:30  BODYPUMP	6:45-7:15  BODYCOMBAT	7:00-7:30  BODYCOMBAT Beginner	6:45-7:15  BODYFLOW EXPRESS	7:00-7:30  CXWORX	8:25-9:25  BODYATTACK Kelly
9:30-10:00  CXWORX Lauren	7:45-8:15 barre	7:30-8:00  BODYFLOW	7:45-8:15  BODYPUMP Beginner	7:20-8:05  BODYPUMP	7:45-8:30  SH'BAM Jesse	9:30-10:00  CXWORX Abby
10:05-11:00  BODYCOMBAT Rainey	**8:50-9:50  BODYPUMP Ruth	8:30-9:00  CXWORX Jen	**8:50-9:50  BODYPUMP Peggy	8:30-9:00  CXWORX Jen	**8:50-9:50  BODYPUMP Abby	10:05-11:05 CARDIO PARTY Lisa
11:15-12:00 DANCE PARTY Alt. instructors	10:00-10:30  BODYFLOW EXPRESS Ruth	9:05-9:50 FOREVER ACTIVE (GYM) Elaine	10:00-10:50  ZUMBA Valarie	9:05-9:50 FOREVER ACTIVE (GYM) Jenny	10:00-10:30  BODYFLOW EXPRESS Ruth	11:15-12:15  BODYPUMP
12:15-12:45 barre	10:35-11:35  ZUMBA Valarie	9:05-10:00 CARDIO PARTY Lauren	11:00-11:45  BODYCOMBAT Peggy	9:05-10:00 CARDIO PARTY Michelle	10:35-11:35  ZUMBA Valarie	12:30-1:30  BODYCOMBAT
1:00-2:00  BODYPUMP	**12:00-1:00  BODYPUMP Stacy	10:15-11:00  BODYPUMP	**12:00-1:00  BODYPUMP Abby	10:15-11:00  BODYPUMP	12:00-12:55  BODYATTACK Peggy	1:45-2:15  BODYPUMP Beginner
2:15-3:15  BODYFLOW	1:30-2:15 FOREVER ACTIVE Elaine	11:30-12:00  CXWORX Jenny	1:30-2:15 FOREVER ACTIVE Leah	11:30-12:00  CXWORX Abby	1:30-2:15 FOREVER ACTIVE Cait	2:30-3:15  SH'BAM
4:00-4:30  BODYPUMP Beginner	2:30-3:30  BODYCOMBAT	12:10-1:00 PEAK ALIGNMENT Clete	2:30-3:00  CXWORX	12:10-1:00 PEAK ALIGNMENT Clete	2:30-3:30  BODYPUMP	3:30-4:00  CXWORX
5:15-5:45  CXWORX	3:45-4:15  BODYPUMP	1:15-2:15  BODYPUMP	3:15-4:00  SH'BAM	1:15-2:00  SH'BAM	3:45-4:15  BODYCOMBAT	4:15-5:15  BODYFLOW
6:00-7:00  BODYCOMBAT		2:30-3:00 barre	**4:30-5:00  BODYPUMP EXPRESS Drew	2:15-3:15  BODYPUMP	4:30-5:00  CXWORX	5:30-6:30  BODYPUMP
7:15-7:45  BODYPUMP	4:45-5:15  CXWORX Drew	3:15-4:00  SH'BAM	5:05-5:35  CXWORX Drew	3:30-4:00  CXWORX	5:30-6:00 HIIT Cait	6:45-7:45  BODYCOMBAT
	5:25-6:25 P90X Toby	4:30-5:15  BODYCOMBAT Rainey	5:40-6:25  BODYATTACK Rainey	4:30-5:15  BODYCOMBAT Rainey	**6:10-6:40  BODYPUMP Erin	
	**6:40-7:40  BODYPUMP Erin	**5:25-5:55  BODYPUMP EXPRESS Lacey	6:30-7:00 HIIT Cait	**5:25-5:55  BODYPUMP EXPRESS Lacey	7:00-7:45  SH'BAM	
		6:05-6:50  ZUMBA Susie	7:15-7:45  BODYFLOW	6:05-6:55  ZUMBA Susie	8:00-8:30  CXWORX	
	8:00-8:45  SH'BAM	7:05-7:35  CXWORX	8:00-9:00  BODYCOMBAT	7:05-7:35  BODYPUMP Beginner		
	9:00-9:30  CXWORX	7:45-8:45  BODYPUMP 9:00-9:45  SH'BAM	9:15-9:45  CXWORX	7:45-8:45  BODYPUMP 9:00-9:30  BODYFLOW		