THANKSGIVING HOURS

THURSDAY 11/26

BOTH RIDGE LOCATIONS
5:15AM-12:30PM

Membership Team	8:00am-12:00pm
Ridge Kids	Closed
Business Office	Closed

Gymnasium Schedule
East Side: Open pickleball 5:15am-12:30pm
West Side: Open gym 5:15am-12:30pm*

Racquetball Schedule: 5:15am-12:30pm*
(court reservations available)

Pool: 9:00am-12:00pm*

**Family-friendly (Fallon location)*

BLACK FRIDAY 11/27

BOTH RIDGE LOCATIONS
REGULAR HOURS

Membership Team	Regular Hours
Ridge Kids	8:00am-3:00pm
Business Office	Closed

CLASSES IN SESSION

GROUP FITNESS

7:00-7:45am	**Cycle Burn** *(Lance)*
8:00-8:45am	**Aquafit** *(Lance)*
8:30-9:00am	**Core** *(Katie)*
9:00-9:45am	**Pilates** *(Hillary)*
9:05-10:00am	**Cardio Party** *(Heather)*
10:00-11:00am	**Multilevel Yoga** *(Tiffany)*
10:15-11:15am	**BodyPump** *(Byrdeen & Stacy)*

**Virtual will run where possible*

TRIBE

5:30am	**Combo**
6:30am	**Fit**
8:00am	**Life Lite**
9:00am	**Fit**
10:00am	**Combo**

RIDGE ATHLETIC CLUBS