



## POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15-6:30 LAPS Adults Only	5:15-7:45 LAPS Adults Only	5:15-6:30 LAPS Adults Only	5:15-7:45 LAPS Adults Only	5:15-7:45 LAPS Adults Only		
6:30-7:30 COACHED SWIM		6:30-7:30 COACHED SWIM				
7:30-7:45 LAPS Adult Only		7:30-7:45 LAPS Adults Only			7:00-8:15 Rec/Laps	ALL DAY REC/LAPS
7:45-8:30 AQUAFIT NO LAPS Adult Only	7:45-8:30 AQUAFIT NO LAPS Adult Only	7:45-8:30 AQUAFIT NO LAPS Adult Only	7:45-8:30 AQUAFIT NO LAPS Adult Only	7:45-8:30 AQUAFIT NO LAPS Adult Only	8:15-9:00 AQUAFIT NO LAPS	
8:45-9:30 AQUAFIT NO LAPS Swim Lessons	8:30-9:00 LAPS Adult Only	8:45-9:30 AQUAFIT NO LAPS Swim Lessons	8:30-9:00 LAPS Adult Only	8:45-9:30 AQUAFIT NO LAPS Swim Lessons	9:00-7:30 REC/LAPS	
9:30-11:30 REC/LAPS Swim Lessons	9:00-11:30 REC/LAPS Swim Lessons	9:30-11:30 REC/LAPS Swim Lessons	9:00-11:30 REC/LAPS Swim Lessons	9:30-11:30 REC/LAPS Swim Lessons		
11:30-1:30 LAPS Adult Only	11:30-1:30 LAPS Adult Only	11:30-1:30 LAPS Adult Only	11:30-1:30 LAPS Adult Only	11:30-1:30 LAPS Adult Only		
1:30-5:00 REC/LAPS	1:30-5:00 REC/LAPS	1:30-5:00 REC/LAPS	1:30-5:00 REC/LAPS	1:30-8:30 REC/LAPS		
5:00-5:30 LAPS Adult Only	5:00-5:30 LAPS Adult Only	5:00-5:30 LAPS Adult Only	5:00-7:00 LAPS Adult Only			
5:30-6:30 AQUA ZUMBA NO LAPS	5:30-6:15 AQUAFIT NO LAPS	5:30-6:15 AQUAFIT NO LAPS				
6:30-7:00 LAPS Adult Only	6:30-7:00 LAPS Adult Only	6:30-7:00 LAPS Adult Only	6:30-7:00 LAPS Adult Only	Close at 8:30	Close at 7:30	Close at 7:30
7:00-9:30 REC/LAPS	7:00-9:30 REC/LAPS	7:00-9:30 REC/LAPS	7:00-9:30 REC/LAPS			

**\*\*THERE IS NO LIFEGUARD ON DUTY. PLEASE FOLLOW ALL POOL RULES**

**\*\*Ridge programs and private lessons will be using the pool throughout the day**

**\*\*PLEASE SEE POOL BOARD FOR SPECIFIC CLASS/PROGRAM INFORMATION**

**\*\*The pool will close ½ hour before club closing time (Holiday hours will change)**

**\*\*THERE IS A LAP LANE OPEN ALL DAY EXCEPT DURING WATER EXERCISE AND BOOT CAMP**

**\*\*NO ONE UNDER THE AGE OF 14 IS ALLOWED TO USE THE POOL WITHOUT ADULT SUPERVISION. UNDER THE AGE OF 7 THE ADULT MUST BE IN THE POOL AND WITHIN ARMS REACH**

**\*\*View our schedule at [www.ridgeathletic.com](http://www.ridgeathletic.com)**